



MOTION NO. 16

3rd Session, 67th General Assembly

Legislative Assembly of PEI

Establishing a satellite menopause centre on PEI

Karla Bernard gives notice that she will move, seconded by Peter Bevan-Baker, the following Motion:

WHEREAS perimenopause and menopause impact 51% of the population;

AND WHEREAS unmanaged perimenopause and menopause symptoms cost the Canadian economy approximately \$3.5 billion annually, including \$3.3 billion in lost income for women due to reduced hours or leaving the workforce as well as \$237 million in lost productivity for employers;

AND WHEREAS perimenopause is the transitional, often four to ten year period before menopause, marked by irregular periods and hormonal fluctuations that cause a range of symptoms and menopause is the milestone defined as 12 consecutive months without a menstrual period;

AND WHEREAS the IWK Atlantic Canadian Women's Health survey results found that women have clearly indicated that menopause is a top health priority, and there is demand for better access to menopause care and information;

AND WHEREAS Nova Scotia is in the first phase of rolling out Canada's first Menopause Centre of Excellence which is being led by their Department of Health and Wellness in partnership with the Menopause Society of Nova Scotia, IWK Health and Nova Scotia Health;

THEREFORE BE IT RESOLVED that this Legislative Assembly urge government to work with the stakeholders in Nova Scotia to create a satellite Menopause Centre on PEI;

THEREFORE BE IT FURTHER RESOLVED that this Legislative Assembly urge government to work with local general practitioners, registered nurses, pelvic floor physiotherapists, dietitians and gynecologists as well as the SHORS clinic, IWK, Nova Scotia Health and their counterparts at the Department of Health and Wellness in Nova Scotia to deliver this program effectively to Islanders;

Signed by: Karla Bernard

Signed by: Peter Bevan-Baker

Date: March 25, 2026